## F&RST.IL

Department of Human Services/Division of Mental Health

FIRST.IL is a comprehensive treatment program for individuals who have had a first episode of psychotic illness. Early treatment of psychotic illness is very important. Research suggests that the sooner treatment of a psychotic illness begins, the better the chances of a faster and more complete recovery. FIRST.IL at Memorial Behavioral Health can help.

You or someone you know may be:

- Having serious problems at work or school
- Seeing or hearing things that others do not see or hear
- Having fixed beliefs not shared by others
- Withdrawing from social interactions
- Speaking or thinking in a disorganized way
- Feeling paranoid

These are all signs that someone may be at risk for a psychotic illness. If you or someone you know is experiencing psychotic symptoms, please seek professional help as soon as possible.

FIRST.IL is a specialized treatment program that helps individuals who are between the ages of 14 to 40 and who have had a treated or untreated psychotic illness for no more than 18 months.

FIRST.IL clients must be willing to participate in at least two of the following treatment components:

- Individual counseling
- Psychiatric care
- Supported employment/education
- Family psychoeducation
- Case management

For more information on Mental Health Treatment or Services:

Memorial Behavioral Health 5220 S. 6<sup>th</sup> St. Rd Springfield, IL 62703 217-588-7923





A Memorial Health System Affiliate

Best Practices in Schizophrenia Treatment (BeST) Center

Promoting Innovation. Restoring Lives.